FALL 2023 NURSING ORIENTATION
NOVEMBER 7, 2023

SPRING 2024 RN A.D.N. PROGRAM STARTING IN JANUARY

DAY AND EVENING/WEEKEND COHORTS

AT THE HISTORIC TRIANGLE CAMPUS

IN WILLIAMSBURG

CONGRATULATIONS!!!

WELCOME TO VPCC'S NURSING PROGRAM! INTRODUCTIONS

PROGRAM OF STUDY

- New program of study – Program Change forms to be completed

- **Associate of Applied Science in Nursing (a/k/a RN Students)**

Students will complete a new Program Change form to declare 2-year AAS Nursing Program as new major.

2-YEAR ADN PROGRAM

First Semester

BIO 142 (Pre-Req. to NSG 152 and NSG 170)   Human Anatomy and Physiology II   4

NSG 100   Introduction to Nursing Concepts   4

NSG 106   Competencies for Nursing Practice   2

NSG 130   Professional Nursing Concepts   1

NSG 200   Health Promotion and Assessment   3   **TOTAL CREDITS   14**

Second Semester

BIO 150 (Pre-Req. to NSG 210 and NSG 211)   Introductory Microbiology   4

NSG 152   Health Care Participant   3

NSG 170   Health/Illness Concepts   6   **TOTAL CREDITS   13**

Third Semester

ENG 112   College Composition II   3

NSG 210   Health Care Concepts I   5

NSG 211   Health Care Concepts II   5   **TOTAL CREDITS   13**

Fourth Semester

PHI 220   Ethics   3

NSG 270   Nursing Capstone   4

NSG 230   Advanced Professional Nursing Groups   2

NSG 252   Complex Health Concepts   4   **TOTAL CREDITS   13**

TOTAL PROGRAM CREDITS   67

PN TO PROFESSIONAL NURSING Bridge Classes -- First Semester   **6 Pre-Req Credits = 18**
(Falll Bridge Program)

NUR115   LPN Transition I   4

NSG200   Health Promotion and Assessment   3

BIO 150 (Pre-Req. to NSG 210 and NSG 211) Introductory Microbiology   4   **TOTAL CREDITS   11**

After completion of NUR115 and NSG200, advanced standing credit will be awarded for:
NSG100, NSG106, NSG130, NSG152 and NSG170

3rd Semester RN Degree Program (Join existing 2nd level cohort of RN students to complete program)

ENG 112 College Composition II   3

NSG 210 Health Care Concepts I   5

NSG 211 Health Care Concepts II 5   **TOTAL CREDITS   13**

4th Semester RN Degree Program

PHI 220   Ethics   3

NSG 270   Nursing Capstone   4

NSG 230   Advanced Professional Nursing Groups 2

NSG 252   Complex Health Concepts   4   **TOTAL CREDITS   13**

TOTAL PROGRAM CREDITS   55

SPRING 2024 NURSING CLASS SCHEDULE (SAMPLE)

- **<u>Day</u>**

  - NSG100 LEC (Fundamentals)– Mondays, 12:30pm to 3:20pm in HT-233
  - NSG100 CLN –Tuesdays, 7:00am to 2:30pm at Patriot's Colony or The Chesapeake
  - NSG100 LAB – One Sim Lab scheduled in HT-309/310 (Day/Time TBD)

  - NSG106 LAB – Tuesdays or Thursdays, 8:00am to 2:00pm in HT-309/310

  - NSG130 LEC (Professional Nursing Concepts)– On-Line 8 week class

  - NSG200 LEC (Health Assessment) – On-Line class
  - NSG200 LAB – Wednesdays, 8:00-10:20am or 10:30-12:50pm, 1:00-3:20pm in HT-309/310
  - NSG200 CLN – One clinical day at local high schools (Day/Time TBD)
  - NSG200 LAB – Two 2-Hr Sim Labs scheduled in HT-309/310 (Day/Time TBD)

SPRING 2024 NURSING CLASS SCHEDULE (SAMPLE)

- **Evening/Weekend**

  - NSG100 LEC (Fundamentals)– Mondays, 4:00pm to 6:50pm in HT-233
  - NSG100 CLN – Saturdays, 7:00am to 2:30pm at Patriot's Colony
  - NSG100 LAB – One Sim Lab in HT-309/310 (Date/Time TBD)

  - NSG106 LAB – Tuesdays, 4:00pm to 10:00pm in HT-309/310

  - NSG130 LEC (Professional Nursing Concepts)– On-Line class

  - NSG200 LEC (Health Assessment) – On-Line class
  - NSG200 LAB – Thursdays, 5:30 to 8:00pm in HT-309/310
  - NSG200 CLN – One clinical day at local high schools (Day/Time TBD)
  - NSG200 LAB – Two 2-Hr Sim Labs scheduled in HT-309/310 (Day/Time TBD)

SPRING 2024 PN-RN CLASS SCHEDULE

- **Days Only**

  - NSG115 LEC (LPN Transition I) – On-Line
  - NSG115 LAB – Two 3-Hr Sim Labs scheduled in HT-309/310 (Day/Time TBD)

  - NSG200 LEC (Health Assessment) – On-Line class
  - NSG200 LAB – Wednesdays in HT-309/310 With Other RN Freshmen Students
  - NSG200 SIM LAB – Two 2-Hr Sim days in HT-309/310 (Day/Time TBD)
  - NSG200 CLN – 6-Hr Health Assessment clinical at local schools (Day/Time TBD)

RULES AND REGULATIONS

- The Board may refuse to admit a candidate to any examination, refuse to issue a license, certificate, or registration to any applicant and may suspend any license, certificate, registration, or multistate licensure privilege for a stated period or indefinitely, or revoke any license, certificate, registration, or multistate licensure privilege, or censure or reprimand any licensee, certificate holder, registrant, or multistate licensure privilege holder, or place him on probation for such time as it may designate for any of the following causes:

REFUSAL CAUSES

1. Fraud or deceit in procuring or attempting to procure a license, certificate, or registration;

2. Unprofessional conduct;

3. Willful or repeated violation of any of the provisions of this chapter;

4. Conviction of any felony or any misdemeanor involving moral turpitude;

5. Practicing in a manner contrary to the standards of ethics or in such a manner as to make his practice a danger to the health and welfare of patients or to the public;

6. Use of alcohol or drugs to the extent that such use renders him unsafe to practice, or any mental or physical illness rendering him unsafe to practice;

7. The denial, revocation, suspension or restriction of a license, certificate, registration, or multistate licensure privilege to practice in another state, the District of Columbia or a United States possession or territory; or

8. Abuse, negligent practice, or misappropriation of a patient's or resident's property.

CASTLE BRANCH – BACKGROUND CHECK, DRUG SCREEN AND COMPLIANCE TRACKER

- To place your order go to: **https://portal.castlebranch.com/HO27**

- REGISTER BY: **Wednesday, November 8, 2023**
- SUBMIT SAMPLE BY: **Wednesday, November 15, 2023**

- To place your initial order, you will be prompted to create your secure myCB account. Your email address will be your username.

- Please access your account to view order results, upload physical requirements documents into the tracker, manage your requirements and complete any necessary tasks.

- Contact CastleBranch: 888-914-7279 or servicedesk.cu@castlebranch.com

VPCC STUDENT ID BADGE

- **Photo ID -- All students are required to have a VPCC Student ID.**

  - When picking up your ID, be sure to bring these documents with you:

    - State or government issued identification such as DMV ID card or Driver's License

    - Student ID Number, provided after completing your College application

  - ID badges are required for clinical rotations

- **Parking Permits/Pass -- Valid parking permits are required when parking on campus.**

- Student ID and Parking permits are available to pick up at both campuses:

  - Hampton campus, Kecoughtan Hall Library, Room 255A

  - Historic Triangle campus, room 116

- Please visit **https://www.vpcc.edu/services/parking.html** for more ID and parking permit information

UNIFORMS

Uniforms purchased through the Bookstore may be covered by student financial aid commensurate to your available funds.

Student nursing uniforms purchased through the Bookstore include:

- Eggplant scrub tops and bottoms (at least 2 sets)
- White lab coat (Finger tip length or shorter)
- 2 Patches with school emblem that you must secure on the <u>left sleeve of the scrub top</u>
- Name tag – recommend purchasing 2 in case one gets lost
- Contact the Bookstore for cost and order deadline information at **http://www.vpccht.bkstr.com** or call **757-825-2864 (Hampton)** and **757-258-6847 (HT).**

Uniforms can also be purchased elsewhere as follows:

- At least 2 pair of Eggplant scrub bottoms/pants (not joggers, no elastic at the ankles) with pockets
- At least 2 Eggplant scrub tops crew or v-neck with pockets
- Eggplant scrub jacket or white lab coat finger-tip length with pockets
- Patches/Name Tags **MUST BE** purchased through the <u>bookstore ONLY.</u>

CLINICAL DRESS & EQUIPMENT REQUIREMENTS

Full uniforms are to be worn for clinical rotations at all hospital sites and at all on-campus skill & sim labs. All uniforms and equipment and must be purchased before the start of classes on January 16.

The College nursing uniform consists of the following:

1. Plain Eggplant colored scrubs and white lab coat/eggplant scrub jacket-- At least 2 scrub sets with school emblem affixed to left sleeve of scrub top
2. White or Black Socks/Hose (Above the ankles)
3. White or Black Nursing Shoes (Leather, not fabric or mesh; Closed heels and toes; No Crocs)
    - If black shoes, then black socks only – If white shoes, then white socks only.
4. Watch with Second Hand – Digital & **Smart Watches** **are not** allowed in clinical or in classroom on test days
5. College Name Tag (s)
6. Bandage Scissors
7. Stethoscope (Dual Head)
8. Blood Pressure Cuff (Adult)
9. Hemostat
10. Black Pen and Pad
11. Pen Light

CLINICAL DRESS GUIDELINES

- One pair of small studs is allowed for pierced ears worn on lower lobes only. No visible body piercing jewelry including tongue piercings or ear gauges can be worn.

- No other visible jewelry except for wedding bands (which must be smooth and without settings) and watches.

- Hair must be a naturally occurring hair color worn off the collar while in uniform (includes males and females).

- Nails should be clean and well groomed and at a length that is not visible above the fingertips. No nail polish or artificial nails/tips are allowed.

- No tattoos can be visible.

- Beards and/or mustaches must be neatly trimmed.

- Eating, drinking, and chewing gum are not allowed on the clinical unit.

- Smoking, vaping, e-cigarettes, or the use of any tobacco products will not be allowed at any time before, during, or after the clinical experience or while on the premises of the health care or the on-campus lab facilities, including the parking lots, or while in uniform at all.

- Personal appearance and hygiene must adhere to professional standards. Students must be clean, free of perfumes, body scents or other scents, including cigarette smoke.

CLINICAL SITES

- Riverside Facilities (RRMC, RBHC, and Doctor's Hospital Williamsburg) – RHS clinical application required

  - Riverside Patriot's Colony and The Chesapeake

  - Sentara Williamsburg/Careplex

  - The Chesapeake

  - Mary Immaculate Hospital

- All sites require the COVID-19 release form and N95 masks.

- All sites require completion of on-line computer training modules and compliance with all physical requirements.

COVID POLICIES

- Self-Assessment prior to in person labs, simulations, and clinical

- Temperature Checks

- N-95 Face Covering/Face Shields/Goggles

- Disinfecting

- COVID assumption of risk form

COVID-19 VACCINATIONS REQUIRED

- All sites require the COVID-19 vaccination (2 shots from Pfizer or Moderna, 1 J&J (Janssen) shot) plus Boosters as necessary.

- Only approved medical or religious exemptions will be accepted and will be considered on a case-by-case basis by the individual facilities.

- Students are not able to decline this vaccination as clinical requirements cannot be completed without it.

- N-95 facemasks and shields may be worn at clinical rotations and labs, with social distancing protocols as applicable.

- COVID Risk Assessment forms must also be completed (included in FA23 Nursing Forms Packet).

- Upload COVID Vaccination Card to CastleBranch by:
  - **FRIDAY, DECEMBER 18, 2023**

PHYSICAL REQUIREMENTS AND IMMUNIZATIONS

- **ALL Physical Requirements are due by DECEMBER 18, 2023**. Please refer to all directions and use forms provided for each requirement through this weblink: **https://www.vpcc.edu/health/nursing/orientation-forms-and-requirements.html**.

- Obtain an annual physical exam using the physical exam forms. **Upload physical exam forms to CastleBranch by DECEMBER 18, 2023.**

- **2-STEP PPD/TB Requirements** -- Complete the survey portion at the top of the VPCC PPD Form. Your provider will complete the middle box for Step 1, and you will return to your provider **2 weeks** later to complete Step 2. Plan appropriately to complete both steps on time.   Quantiferon Gold test with TB survey/questionnaire is also accepted. **Upload to CastleBranch by DECEMBER 18, 2023.**

- **2023-24 flu shot** documentation using the VPCC Flu Shot Form (to be completed by your provider) is required for all nursing students. Ensure all shot information at the bottom of the form is recorded by your provider. **Upload to CastleBranch by DECEMBER 18, 2023.**

PHYSICAL REQUIREMENTS AND IMMUNIZATIONS

Upload immunization history documentation to CastleBranch for the following physical requirements:

- 2 MMR vaccines or positive titer (includes Measles, Mumps & Rubella – all 3 must be listed on a titer report)
- 2 Varicella vaccines or positive titer (history of chicken pox is *not* sufficient)
- 3 HepB vaccines, positive titer, or new 2 vaccine HepB-CpG series, or sign the HepB declination waiver.   HepB is the only requirement that can be waived.
- Current Tdap (expires after 10 years)
- All of these requirements can be listed in <u>one document from your provider or in separate PDF files as necessary</u> and **upload to CastleBranch by December 18, 2023**.

Please upload the following documents to CastleBranch **in separate PDF files** for:

- VPCC Flu Forms
- VPCC PPD form and/or TB Documents for CXR or Quantiferon
- COVID Vaccination Cards
- Current AHA BLS Certification

CPR CERTIFICATION

- Provide a copy of your **AHA BLS Certification for Healthcare Providers**. Please contact the American Heart Association for more information and follow their direction for BLS for Healthcare Providers at:

https://cpr.heart.org/en/cpr-courses-and-kits/healthcare-professional/basic-life-support-bls-training

- Certification from Red Cross is **not** accepted.

- Upload your new or current AHA BLS eCard to CastleBranch by **DECEMBER 18, 2023.**

POLICIES AND FORMS TO RETURN

- **SP23 Nursing Forms Packet** – **DO NOT UPLOAD TO CASTLEBRANCH**

  - Nursing Policy Manual Affirmation
  - Student Information Form
  - Social Media Policy Acknowledgement
  - Photo/Video/Digital Media Release Form
  - Simulation Lab Latex Response Plan
  - Off-Campus Use of Equipment
  - Approval to Use Student Assignments
  - Clinical & Field Facility/Site/Agency Restriction Self-Disclosure
  - Student Release of Information for Clinical (2 pages – Leave Business Partner Info blank & print/sign in 2 places on Page 2)
  - Release and Waiver of Liability
  - HIPAA/Medical Confidentiality Policy Acknowledgement
  - Influenza Vaccination Attestation
  - Communicable Disease Statement
  - COVID-19 Acknowledgement of Risk

**EMAIL ALL FORMS in ONE PDF file to PSAHHS@vpcc.edu
by DECEMBER 18, 2023**

SOCIAL MEDIA POLICY

- HIPAA & FERPA

- TikTok

- A policy acknowledgement is part of the Nursing Forms Packet and must be signed and submitted by **DECEMBER 18, 2023.**

NURSING PROGRAM POLICIES

- <u>Attendance Policy</u> – Cannot miss more than 20% of class. Cannot miss clinical or lab days. Tardiness and No Call/No Show is not acceptable. Be on time.

- <u>Cell phone policy</u> – Not allowed at clinical; must be left in car. Not allowed during testing.

- <u>Dress Code</u> – Hair of natural color worn up off the collar, no visible tattoos (must be covered), no long or acrylic nails, no jewelry (poses danger to you and patient), scrubs must be worn in all labs and clinicals, black or white shoes (no crocs with holes or open backs) – All safety considerations.

- **<u>Professional Behavior</u> – Adhere to code of ethics, honor code (no cheating – academic dishonesty is not tolerated), be respectful to all classmates, faculty, and staff.**

- <u>Communication</u> – timely and appropriate (verbal, written, email, text) required.

- <u>Progression</u> – Achieve passing grade (B or higher) in all NSG classes. 1 course failures and/or withdrawals are allowed. You cannot move to the next level until ALL NSG courses are passed. Remediation is required before a class is retaken. Program must be completed within 6 semesters from start.

Complete program policies are found in the Nursing Program Manual/Student Handbook posted in Step #4 at **https://www.vpcc.edu/health/nursing/orientation-forms-and-requirements.html**

NURSING TEXTBOOKS & RESOURCES

- **Students MUST purchase the package from the Bookstore before classes begin in January.**

  - Package **must be purchased through the bookstore** and cannot be purchased through on-line retailers or 2nd hand. All on-line resources are not available in other purchase options.

- Book package include textbooks, e-books, standardized testing, NCLEX prep course, virtual simulation, and access codes for on-line resources. ATI offers a significant discount through the Bookstore. Approximate Book Costs are: **Approximately $700 each semester**

- PN-RN bridge students must **purchase 2 packages** for books and resources for 1st and 2nd semester RN courses totaling **$1,400** by first day of classes.

NURSING PROGRAM APPROXIMATE STUDENT EXPENSES
TUITION (2023-2024 Academic Calendar)   (Per Semester)
Virginia / Out-of-State Resident (per credit) $160.20/ $357.80
(Includes Auxiliary, Parking, Technical & Institution Fees)
TEXTBOOKS
STANDARDIZED TESTING
NCLEX PREP COURSE & TUTORING
ONLINE RESOURCES
VIRTUAL SIMULATION $2775.00

UNIFORMS AND EQUIPMENT   Estimated $450
Available for purchase at Bookstore

VACCINATIONS AND PHYSICAL REQUIREMENTS
Estimate $600.00

BACKGROUND CHECK, DRUG SCREEN & PHYSICAL REQUIREMENTS TRACKER $160.00

STUDENT NURSES ASSOCIATION (SNA) MEMBERSHIP
Annual Dues *(Strongly Recommended) ($30/year x 2 years)* $60.00

NCLEX LICENSURE TESTING
NCLEX State Board Examination $450.00
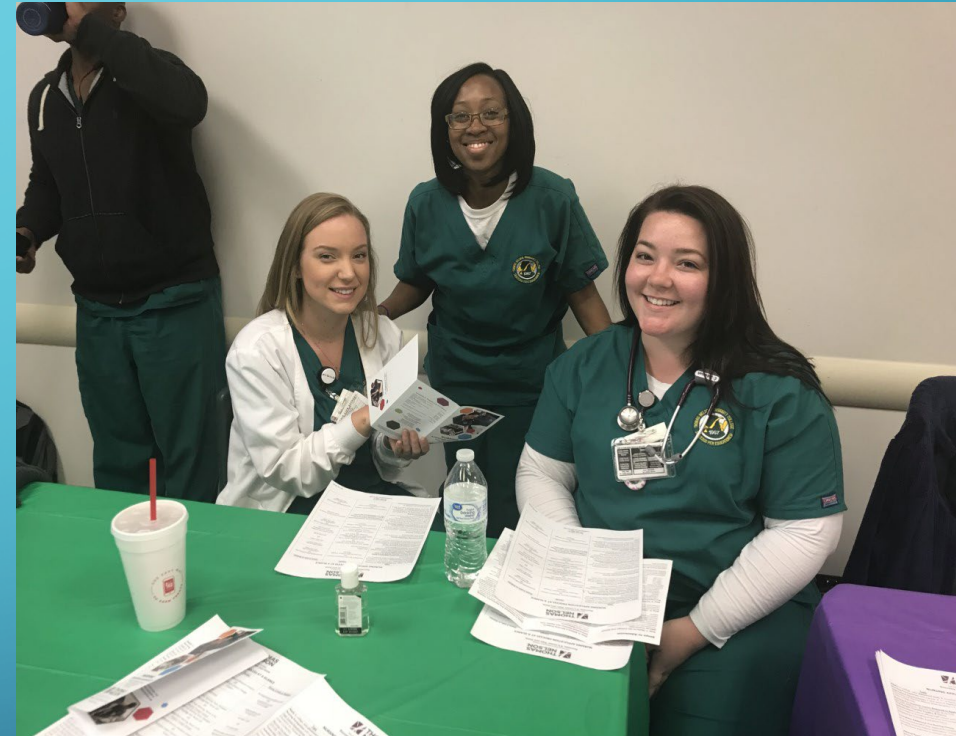
GRADUATION EXPENSES
Nursing Cap $12.00

APPROXIMATE EXPENSES LISTED ABOVE $3907.00
APPROXIMATE TOTAL TUITION FOR 67 CREDITS $10,733.40
TOTAL PROGRAM EXPENSES $**14,640.40**
All costs are approximate and subject to change.

STUDENT SUCCESS

STUDENT NURSES ASSOCIATION

ODU CONCURRENT ENROLLMENT

The concurrent enrollment nursing student will complete all ODU BSN nursing courses Online while concurrently enrolled in prelicensure nursing courses at an affilated institution. For more information, visit this page: https://www.odu.edu/nursing/undergraduate/concurrent-enrollment

Advisors work with students to develop an individual plan of study to fulfill all requirements. This program contributes to the BSN prepared workforce as well as prepares RNs for graduate programs by creating a seamless progression from the AAS to the BSN. Following graduation from the prelicensure program and successful completion of the NCLEX RN licensure exam, the student will be awarded 33 nursing transfer credits toward completion of the Bachelor of Science in Nursing Degree. The student will complete an additional 33 nursing credits at ODU. Fall, spring, and summer enrollment is available.
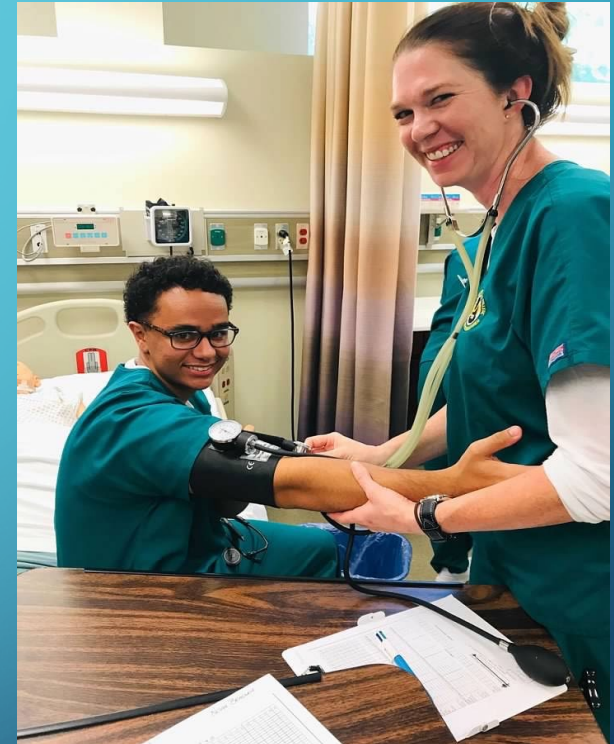
A minimum 3.0 GPA is required.

For assistance, please email a copy of your transcripts to our intake advisors as follows. If your last name begins with:

A-K contact Todd Marville   tmarvill@odu.edu,
L-Z contact Mark Pryor mpryor@odu.edu

Jackie Nielsen, Marketing Coordinator for ODU School of Nursing
jbnielse@odu.edu

Pathways to Old Dominion University
BACHELOR OF SCIENCE IN NURSING

Stephanie Fahey

Undergraduate Program Coordinator

ODU School of Nursing

sfahey@odu.edu

757-683-4297

Concurrent RN-BSN

ENTRY-LEVEL, RIGOROUS YET MORE FLEXIBLE

For those just starting toward becoming a nurse, who wish to pursue a BSN in their own community. This option blends online ODU BSN coursework with AAS curriculum.

SIMULTANEOUS CURRICULA AT YOUR PREFERRED PACE

AAS in person and BSN online. Student schedules include both AAS courses at a partner institution and online BSN courses from ODU. Clinical credits are completed at associated clinic sites near partner institutions.

Upon completion of the AAS program, students are eligible to sit for the NCLEX-RN exam.

AAS-TO-BSN IN TWO YEARS

Graduation from ODU occurs upon completion of all BSN courses and success on the NCLEX-RN exam. Students can complete this program in as little as two years.

Start with the Basics ▶

Before you can apply to our BSN program, you need to complete the basics: general education and pre-requisite nursing requirements. These credits can be earned at ODU or one of our partner institutions. Talk with us to determine how your credits will transfer.

▼

Lower Division General Education Requirements

Upper Division General Education Requirements

Departmental Prerequisites:
- Written Communication Skills (English 1 or 2)
- Developmental Psychology
- Introduction to Sociology
- College Chemistry 1
- Microbiology
- Human Anatomy & Physiology 1
- Statistics

Concurrent Checklist:
➢ Admission to ODU
➢ Admission to Concurrent Partner School
➢ Prerequisite courses and lower division general education requirements completed
➢ 3.0 Cumulative GPA

Old Dominion University Admissions

Apply for admission to the university.

Postlicensure Checklist:
➢ Admission to ODU
➢ Prerequisite courses and lower division general education requirements completed
➢ 2.5 Cumulative GPA

Post-Licensure RN-BSN

FOR LICENSED NURSES READY TO ADVANCE

This option is ideal for working RNs who are ready to move forward in their careers by earning a BSN.

ONLINE & FLEXIBLE FOR YOUR NEEDS

BSN courses are completely online and do not have set meeting times. Coursework can be completed at your own pace within set deadlines throughout the semester. Students can also switch between full- and part-time academic schedules to accommodate their work commitments.

BSN IN AS LITTLE AS ONE YEAR

Enroll for the fall, spring or summer semester. Your BSN can be earned in as little as one year with a full-time course load. A part-time course load, however, is more popular, as it allows students to work as full-time RNs while earning their degrees.

More information:

healthsciencesonline@odu.edu – Transcript review and application help

CONTACT INFORMATION

- Nursing office Hampton III, Suite 747

- 525 Butler Farm Road, Hampton VA 23666

- 757-825-2808 or email at **psahhs@vpcc.edu**

- Orientation slides and requirements information at:
  https://www.vpcc.edu/health/nursing/orientation-forms-and-requirements.html

ALL ADMISSIONS REQUIREMENTS AND DOCUMENTS ARE DUE ON OR BEFORE

FRIDAY, DECEMBER 18, 2023

QUESTIONS